




The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately.**

**This is only a summary.** Please read the FEHB Plan brochure (RI 71-018) that contains the complete terms of this plan. **All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure.** Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at [www.geha.com](http://www.geha.com), and view the Glossary at [www.healthcare.gov/sbc-glossary](http://www.healthcare.gov/sbc-glossary). You can call 1-800-821-6136 to request a copy of either document.

Important Questions	Answers	Why This Matters:
<p><b>What is the overall deductible?</b></p>	<p>For in-network providers  <b>\$500</b> Self Only  <b>\$1,000</b> Self Plus One or Self and Family</p> <p>For out-of-network providers  <b>\$1,000</b> Self Only  <b>\$2,000</b> Self Plus One or Self and Family</p>	<p>Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. <u>Copayments</u> and <u>coinsurance</u> amounts do not count toward your <u>deductible</u>, which generally starts over January 1. When a covered service/supply is subject to a <u>deductible</u>, only the Plan allowance for the service/supply counts toward the <u>deductible</u>. If you have other family members on the <u>plan</u>, each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u>.</p>
<p><b>Are there services covered before you meet your deductible?</b></p>	<p>Yes. In-network <u>Preventive care</u>, Office visits, <u>Urgent Care</u> visits, Maternity care and <u>Prescription drugs</u>.</p>	<p>This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u>. See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>.</p>
<p><b>Are there other deductibles for specific services?</b></p>	<p>No.</p>	<p>You don't have to meet <u>deductibles</u> for specific services.</p>
<p><b>What is the out-of-pocket limit for this plan?</b></p>	<p>For in-network providers  <b>\$7,000</b> Self Only  <b>\$14,000</b> Self Plus One or Self and Family                      (one individual not to exceed \$7,000)</p> <p>For out-of-network providers  <b>\$14,000</b> Self Only  <b>\$28,000</b> Self Plus One or Self and Family                      (one individual not to exceed \$14,000)</p>	<p>The <u>out-of-pocket limit</u>, or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u>, they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.</p>



Important Questions	Answers	Why This Matters:
What is not included in the <b>out-of-pocket limit</b> ?	Premiums, <u>balance-billed charges</u> , any penalties, non-covered drugs	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <b>network provider</b> ?	Yes. See <a href="http://www.geha.com">www.geha.com</a> or call 1-800-296-0776 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <b>referral</b> to see a <b>specialist</b> ?	No.	You can see the <u>specialist</u> you choose without a referral.

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	
If you visit a health care <u>provider's office</u> or clinic	<u>Primary care</u> visit to treat an injury or illness	\$10 / visit Deductible does not apply.	50% after deductible	None
	<u>Specialist</u> visit	\$25 / visit Deductible does not apply.	50% after deductible	None
	Other practitioner office visit	\$10/visit for acupuncture and manipulative therapy. Deductible does not apply.	50% after deductible for acupuncture and manipulative therapy.	Acupuncture limited to 20 visits/year with a licensed covered provider. Manipulative therapy of the spine limited to 12 visits/year.
	<u>Preventive care/screening/immunization</u>	No charge	50% after deductible	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	
<b>If you have a test</b>	<u>Diagnostic test</u> (x-ray, blood work)	25% after deductible	50% after deductible	
	Imaging (CT/PET scans, MRIs)	25% after deductible	50% after deductible	Must be <u>pre-authorized</u> . If not pre-authorized for out-of-network services, payment reduced by \$100; or care may not be covered.
<b>If you need drugs to treat your illness or condition</b>  More information about <u>prescription drug coverage</u> is available at <a href="http://www.geha.com">www.geha.com</a>	Generic drugs	<b>Retail</b> - \$4-or the cost of the drug, whichever is less, for up to a 30-day supply.	Not covered. You pay 100%.	90 day supplies are available at a participating Extended Day Supply (EDS) network pharmacy.  You pay in full at an out-of-network pharmacy.
	Preferred drugs	<b>Retail</b> - 50%, not to exceed \$500 per 30-day supply.	Not covered. You pay 100%.	
	Non-preferred drugs	Not covered. You pay 100%.	Not covered. You pay 100%.	
	<u>Specialty drugs</u>	From CVS Specialty Pharmacy  <b>Generic or Preferred:</b> 50% up to a maximum of \$500 for up to a 30-day supply.  <b>Non-preferred:</b> Not covered. You pay 100%.	Not covered. You pay 100%.	If Specialty drugs are obtained through other sources (physician's office, home health agencies, outpatient hospitals), you will pay an additional copayment of \$500 and any difference between GEHA's allowance and the cost of the drug. The additional \$500 copayment will go towards your out-of-pocket limit.  Copayment based on days of therapy.
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	25% after deductible	50% after deductible	Some services must be <u>pre-authorized</u> . If not, care may not be covered.
	Physician/surgeon fees	25% after deductible	50% after deductible	Some services must be <u>pre-authorized</u> . If not, care may not be covered.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	
<b>If you need immediate medical attention</b>	<u>Emergency room care</u>	25% after deductible	Same as in-network plus any difference between our allowance and the billed amount.	
	<u>Emergency medical transportation</u>	25% after deductible within 100 miles	Same as in-network plus any difference between our allowance and the billed amount	Air ambulance must be <u>pre-authorized</u> . If not <u>medically necessary</u> , services will not be covered. Member is responsible for all charges over 100 miles when medically necessary treatment is available within 100 miles.
	<u>Urgent care</u>	\$50 / visit Deductible does not apply.	50% after deductible	None
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	25% after deductible	50% after deductible	Semi-private room. Must be precertified. If not precertified for out-of-network services, payment reduced by \$500; or care may not be covered.
	Physician/surgeon fees	\$250 / performing surgeon	50% after deductible	None
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	\$10 / visit for office visits, deductible does not apply. 25% after deductible for other outpatient services.	50% after deductible	Psychological testing may require <u>pre-authorization</u> . If not, care may not be covered.
	Inpatient services	25% after deductible	50% after deductible	Semi-private room. Must be precertified. If not precertified for out-of-network services, payment reduced by \$500; or care may not be covered.
<b>If you are pregnant</b>	Office visits	No charge	50% after deductible	None
	Childbirth/delivery professional services	No charge for routine delivery	50% after deductible	None
	Childbirth/delivery facility services	25% after deductible	50% after deductible	None

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	
<b>If you need help recovering or have other special health needs</b>	<u>Home health care</u>	25% after deductible	50% after deductible	Limited to 50 2-hour visits/year with an RN, LPN or MSW.
	<u>Rehabilitation services</u>	\$25 / visit	50% after deductible	Outpatient services limited to 30 visits/year combined by qualified physical/occupational/speech therapist per person per year.
	<u>Habilitation services</u>	\$25/visit	50% after deductible	Outpatient services limited to 30 visits/year combined by qualified physical/occupational/speech therapist per person per year.
	<u>Skilled nursing care</u>	Not Covered	Not Covered	
	<u>Durable medical equipment</u>	25% after deductible	50% after deductible	Must be <u>pre-authorized</u> over \$1,000. If not, equipment may not be covered.
	<u>Hospice services</u>	Nothing, up to \$15,000 limit. Deductible applies.	Nothing, up to \$15,000 limit. Deductible applies.	Coverage limited to \$15,000/period of care for combined in-patient and out-patient care.
<b>If your child needs dental or eye care</b>	Children's eye exam	Not covered	50% after deductible	Discount program available through Eyemed.
	Children's glasses	Not covered	Not covered	Discounted eyewear available through EyeMed.
	Children's dental check-up	Not covered	Not covered	

## Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your plan's FEHB brochure for more information and a list of any other <u>excluded services</u> .)		
<ul style="list-style-type: none"><li>• Cosmetic surgery</li><li>• Dental care (adult)</li><li>• Hearing aids</li></ul>	<ul style="list-style-type: none"><li>• Long-term care</li><li>• Over-the-counter medications</li><li>• Private-duty nursing</li></ul>	<ul style="list-style-type: none"><li>• Routine eye care (adult)</li><li>• Weight loss programs</li></ul>
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan's FEHB brochure.)		
<ul style="list-style-type: none"><li>• Acupuncture</li><li>• Bariatric surgery</li></ul>	<ul style="list-style-type: none"><li>• Infertility treatment</li><li>• Manipulative therapy of the spine</li></ul>	<ul style="list-style-type: none"><li>• Non-emergency care while traveling outside the U.S. (see <a href="http://www.geha.com/outsideusa">www.geha.com/outsideusa</a>).</li><li>• Routine foot care for certain diagnoses</li></ul>

**Your Rights to Continue Coverage:** You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-800-821-6136 or visit [www.opm.gov/insure/health](http://www.opm.gov/insure/health). Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your plan's FEHB brochure. If you need assistance, you can contact: GEHA at 1-800-821-6136.

**Does this plan provide Minimum Essential Coverage? Yes**

**Does this plan meet the Minimum Value Standards? Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-821-6136.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-821-6136.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-821-6136.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-821-6136.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*—————

About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible \$500
- Specialist copayment \$25
- Hospital (facility) coinsurance 25%
- Other coinsurance 25%

**This EXAMPLE event includes services like:**

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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**In this example, Peg would pay:**

<i>Cost Sharing</i>	
Deductibles	\$500
Copayments	\$20
Coinsurance	\$2,110
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$2,690</b>

**Managing Joe's type 2 Diabetes**  
(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible \$500
- Specialist copayment \$25
- Hospital (facility) coinsurance 25%
- Other coinsurance 25%

**This EXAMPLE event includes services like:**

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$7,400</b>
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**In this example, Joe would pay:**

<i>Cost Sharing</i>	
Deductibles	\$290
Copayments	\$360
Coinsurance	\$2,480
<i>What isn't covered</i>	
Limits or exclusions	\$30
<b>The total Joe would pay is</b>	<b>\$3,160</b>

**Mia's Simple Fracture**  
(in-network emergency room visit and follow up care)

- The plan's overall deductible \$500
- Specialist copayment \$25
- Hospital (facility) coinsurance 25%
- Other coinsurance 25%

**This EXAMPLE event includes services like:**

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$1,900</b>
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**In this example, Mia would pay:**

<i>Cost Sharing</i>	
Deductibles	\$500
Copayments	\$150
Coinsurance	\$260
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$910</b>